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Ref. No. :

Date : ..17..04..99

To,

M/s Chatwal Pharmaceuticals
16-11-20 / 7 / H / 1
Saleem Nagar, Malkapet
HYDERABAD - 500036

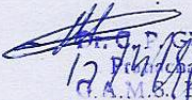
Subject : - CLINICAL TESTS - PYKURE CAPSULES

Dear Sir,

I have personally conducted clinical tests of your herbal medicine "PYKURE CAPSULES" on 51 patients suffering from Ano-Rectal diseases. My clinical study report is attached :-

Thanking you.

Yours faithfully,


DR. C.P. GUPTA
Pranacharya
G.A.M.S. (H.P.A.)
Medical Superintendent
C.G.H.S. Ayurvedic Hospital
New Delhi

Encl : Clinical Study Report alongwith detailed study report carried out on 51 patients.

CLINICAL STUDY REPORT - "PYKURE CAPSULES"

MATERIALS AND METHOD :-

The present Clinical Study has been carried out on patients suffering from the following Ano-Rectal Disorders :-

	<u>Male</u>	<u>Female</u>	<u>Age group</u>
(1) Swelling & Pain in Anus	1	2	21 to 45 years
(2) Pain in Anus with Constipation	2	2	21 to 60 years
(3) Wounds in Anus & Bleeding, Constipation & Pain in Anus	4	-	40 to 48 years
(4) Pain in Anus, with Swelling and Constipation	10	-	32 to 71 years
(5) Pain in Anus, with bleeding and constipation	15	-	18 to 56 Years
(6) Pus Oozing, Pain in Anus with bleeding	14	1	35 to 62 years.

The above patients were attended at CGHS Ayurvedic Hospital, Lodhi Road, New Delhi.

These patients have been taken for the purpose of Clinical assessment.

INSTRUMENTS & EQUIPMENT IN THE ANO-RECTAL CLINIC:

- (1) Shadowless Lamp
- (2) Trolley

- (1) **SHADOWLESS LAMP:** For good exposure of the part, good light is essential.
- (2) **TROLLEY:** This trolley is essential for keeping Forceps, including Proctoscope.

EXAMINATION OF PATIENTS


The detailed history of every patient was taken on Information/Follow up Data Sheet, with history of duration of the complaint Constipation, any surgery for Piles, and any other associated disease. Local examination was made in Lithotomy position under proper light.

Bleeding, mucous discharge and degree of piles noted.

To find out the internal condition of the Rectum and anal canal Digital examination and Proctoscopy was carried out.

INVESTIGATION:

Routine investigations were done invariably in every patient.


Dr. C. J. GUPTA
Panchajanya
G.A.M.S., M.P.A.
Medical Superintendent
C.C.H.S. Ayurvedic Hospital
Lodhi Road, New Delhi

RESULT

Clinical assessment was done on the basis of the following points :-

- (1) Arrest of Bleeding
- (2) Decrease in Mucus discharge
- (3) Subsidence of Pain
- (4) Reduction in Pruritus
- (5) Regression of the pile mass/masses
- (6) Reducibility of pile Mass/Masses.

TREATMENT ADVISED

- (1) 2 PYKURE CAPSULES daily for 10 to 30 days were recommended according to the severity of the case.
- (2) Laxative Sat-Isabgol 10 gms per day with luke warm milk at bed time.
- (3) Plenty of water.
- (4) Regarding diet, the patients were advised to restrict Non-Veg & spicy food. Green leafy vegetables, fruits & butter milk, Ghee and Butter are encouraged.


During the course of treatment the patients were called twice a week for clinical assessment and ensure compliance for 3 to 4 weeks. All the treated cases were advised to visit CGHS, Ayurvedic Hospital continuously for 3 weeks for any re-currence of complaints.

DISCUSSION

Anal swelling, pain, bleeding, and Oozing of pus are common diseases of the anal canal. It causes an amount of suffering which is out of all proportions to the size of lesion. The predominant symptoms of this condition includes severe agonizing anal pain during each act of defecation and some times bleeding.

Total 51 patients were selected for the present clinical study with "PYKURE CAPSULES" irrespective of age, chronicity of diseases and occupation. The cases were treated for 1 to 4 weeks, depending on the response. Patients were advised to avoid spicy and non-vegetarian food and instead consume more butter milk and leafy vegetables.

One patient who had got operated for piles and had 3 external wounds, after the use of PYKURE CAPSULES got complete relief and there was no complaint after that. One more patient who was operated for Perianal abscess and did not get relief, was competency cured after taking 2 PYKURE Capsules for 10 days.


Dr. P. P. Gupta
Pranacharya
C.A.M.S., H.P.A.
Medical Superintendent
CGHS Ayurvedic Hospital
Lodhi Road New Delhi

SUMMARY AND CONCLUSION


The present clinical study with PYKURE CAPSULES is aimed at achieving the curative management of Ano-Rectal diseases and also to observe the efficacy of PYKURE CAPSULES.

Thus Pykure Capsules proves to be an alternate effective, safe and non surgical approach to this perplexing problem.

Total 51 cases were registered and were treated for the period extending from 10 to 30 days depending upon the response and weekly follow-up was done for 4 weeks. The patients were advised to take Sat-Isabgol in luke warm milk daily as a laxative at bed time.

On the basis of above Clinical study the following conclusions were made.

- (1) Piles is more common in the age of 50 years and above.
- (2) Almost all age groups responded well to PYKURE CAPSULES, within a Span of 4 weeks.
- (3) This treatment is safe and effective in relieving symptoms, and also is useful in patients who are unwilling to undergo surgery. Thus it helps in relieving agony and discomfort without hospitalization and surgery.
- (4) No untoward reaction or side effects were noted during the course of treatment.


Dr. G.P. Gupta
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Ranjit Singh Narula
Retired Chief Justice
PUNJAB & HARYANA HIGH COURT

C-215, Defence Colony,
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24 Nov'1999

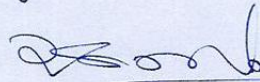
My dear Chhatwal Sahib,

I was suffering from bleeding external piles for the last 25 years. According to medical advice received by me on several occasions, the only way to get rid of the trouble was said to be surgery.

Gods ways are indeed strange. In an early Sat Sang of "Papaji" S Bhagwant Singh Dalawri, a lady asked me before dispersal why I needed two cushions for squatting on the floor. On my telling her the cause, she told me of a herbal medicine being made by a relative of hers. I did not attach much importance to the information till I happened to visit her in C-278, Defence Colony, on the morning she was leaving Delhi and she handed over to me a strip containing 10 capsules in a modern pack named "PYKURE" and told me that all I had to do was to take 2 capsules every night before going to bed (after dinner) for five days. I kept the strip on my bed side for about a week till I got a bleeding attack. Just in an "Let me try this also" mood, I took the 10 capsules in the next 5 days. Look & Behold, I was fully cured. It is more than eight months now and I have no trouble. I do not know where the piles have gone. The medicine "PYKURE" manufactured by your pharmaceutical company is indeed a wonder drug. At least it has done wonders to me. I wish the medicine manufactured by you is marketed to benefit suffering humanity.

Mr. K.S. Chatwal
16-11-20/7/H/1 Saleem Nagar
National Highway
Hyderabad - 500 036
(Andhra Pradesh)

Yours Sincerely



(R. S. NAROLA)